



Stoughton High is taking important steps to keep our youth substance-free!

It's a FACT.

MOST SHS students DO NOT use alcohol or other drugs.

However, they *believe* that most of their peers DO.

MOST SHS students make good choices!

Did you know?

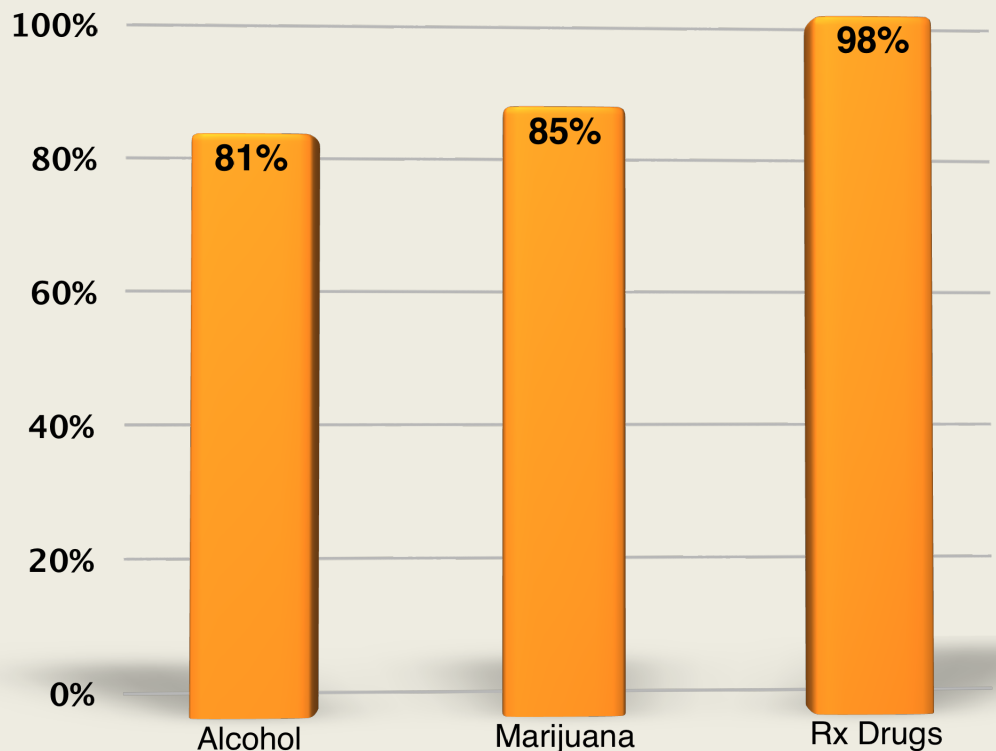
MOST (75%) SHS students have at least one adult in the school they can talk to if they have a problem.

MOST (83%) SHS students can talk to at least one of their parents about things that are important to them.

MOST (90%) SHS students have clear family rules about substance use.

MOST Stoughton High Students make good choices!

Percent of SHS Students Who DO NOT Use Alcohol or Other Drugs 2017



2017 Stoughton Youth Survey, 30 Day Use Rates of Alcohol and Other Drugs

Top Reasons SHS Students Do Not Use Alcohol or Marijuana

#1: "I don't want to get in trouble with my parent(s) or guardian(s)."

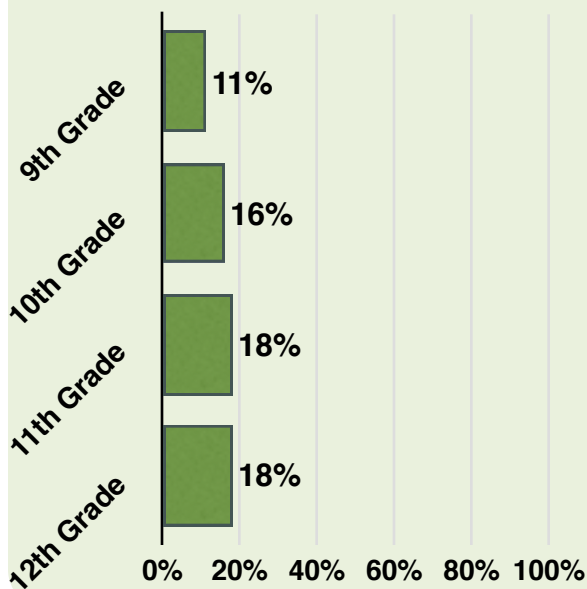
#2: "I don't want to jeopardize my future plans."

MOST (92%) Stoughton High Students report that their parents / guardians talk to them about the dangers of alcohol and other drugs.*

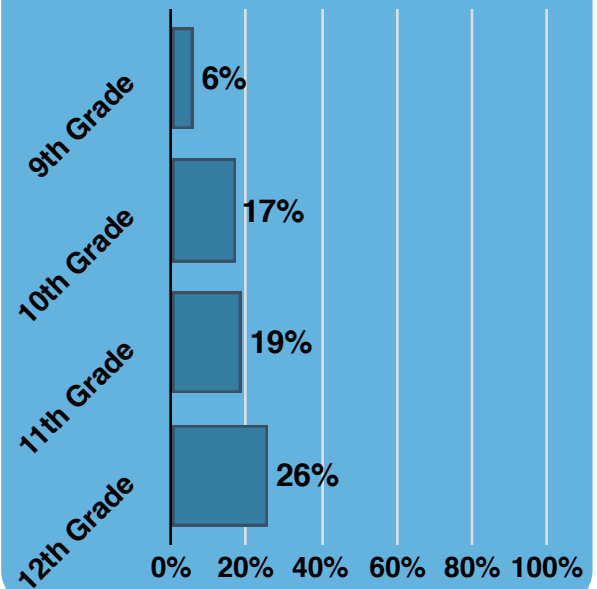
Research shows that when parents talk to their teens about the risks of drugs and alcohol, those teens are **up to 50% less likely to use substances.****

*2017 Stoughton High Youth Survey **The Partnership at drugfree.org / www.drugfree.org/prevent

**2017 Current Alcohol Use
Among SHS Students by Grade**



**2017 Current Marijuana Use
Among SHS Students by Grade**



MOST SHS students make good choices, but we still have work to do!

Alcohol and other drug use by teens is associated with greater likelihood of drug and alcohol problems later in life. Early substance abuse also increases the risks for drop-out, car crashes, STDs and other negative health and social outcomes.

Talk to your child about alcohol and other drugs.

For ideas on how to start these conversations visit www.stoughtonoasis.org/parents

Looking for More Information?

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