

Stoughton Public Schools & OASIS Present:

2nd Annual

HEALTH & WELLNESS FAIR

Wednesday
April 24, 2024
3-7
Stoughton High

**For SHS & OMS students
& SPS Parents / Guardians**

Explore all things health and wellness with our community partners.

Come any time and stay as long as you want.

Attendance buy backs and other incentives for participation!

Comfort Dogs
Mental Health
Fatal Vision Goggles
Self-Defense
Obstacle Course
(with Stoughton Fire)
Fun & Games
Food Trucks
and so much more!

For more detailed info visit: www.stoughtonoasis.org

Stoughton Youth Health Fair - 2024
April 24, 2024
Stoughton High School
3pm-7pm with special event for parents at 7pm

What is the Health and Wellness Fair?

In its 2nd year, this high energy event is intended for Stoughton High and OMS students and their parents / guardians.

Schedule of Events

| Time | What's Happening? | Where? | Attendance Buybacks and incentives |
|-------------|--|---------------------------------------|---|
| 3pm | Doors Open | Stoughton High | |
| 3:15 | Student Workshop with Dr. Randi Schuster and Grad Students from Harvard Medical School | Auditorium | 1 buyback (SHS) |
| 3:45 - 7pm | Vendor Tables and Activities | Cafeteria, Gym, Outside | Earn buybacks by visiting most of the activities / tables Earn raffle tix for prizes |
| | Short Workshops (schedule in development) | 2nd floor classrooms and media center | 2 workshops = 1 buyback |
| | Food Trucks! | Outside in bus lanes | |
| 6-7pm | Hidden In Plain Sight (Adults only) | Conference Room off Cafeteria | |
| 7pm | Talk for Parents, Guardians and other Caring Adults: Dr. Randi Schuster, Harvard Medical School on Approaching Teen Substance Use from a Frame of Compassion and Curiosity | Auditorium | Earn credit towards a buyback if your parent / guardian or other caring adult attends |

Middle school students can earn attendance recovery and positive recognition cards!